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## Pharmacological and Phytochemical Evaluation of BRASSICA OLERACEA

By Mohammad Asadujjaman

LAP Lambert Acad. Publ. Apr 2011, 2011. Taschenbuch. Book Condition: Neu. 220x150x5 mm. This item is printed on demand - Print on Demand Neuware - Brassica oleracea or wild cabbage is a species of Brassica native to coastal southern and western Europe, where its tolerance of salt and lime and its intolerance of competition from other plants typically restrict its natural occurrence to limestone sea cliffs, like the chalk cliffs on both sides of the English Channel. Wild B. oleracea is a tall biennial plant, forming a stout rosette of large leaves in the first year, the leaves being fleshier and thicker than those of other species of Brassica, adaptations to store water and nutrients in its difficult growing environment. Plant medicines (phytotherapies) have a long history as treatment for diabetes, inflammation, cancer, heart disease. They have the antioxidant, antitumour and anti-candida species activity. Brassica oleracea also produces the methionine in the SMM cycle. With a disturbing rise in the prevalence of this metabolic disease like diabetes and associated healthcare costs, interest in alternative or complementary therapies has grown. Over the last 10-20 years data from controlled investigations in animal models and patients have validated the therapeutic values of numerous phytotherapies for diabetes and other diseases. 76 pp. Englisch.



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