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# GREEN SMOOTHIE HABIT: DRINK YOUR GREENS TO ACHIEVE YOUR DREAMS, 28 DAY SUCCESS GUIDE



Jane Haddad. Paperback. Book Condition: New. Paperback. 302 pages. Dimensions: 8.9in. x 6.0in. x 0.8in. Green Smoothie Habit is more than a cleanse, detox, diet book, recipe encyclopedia or cookbook. It is about more than physical weight loss. It is a well thought out integration of two vital life components: How to build the green smoothie habit and never again worry about not getting your greens. How to achieve your dreams through a thoughtful, pleasurable set of doable action steps. No matter what...

### Read PDF Green Smoothie Habit: Drink Your Greens to Achieve Your Dreams, 28 Day Success Guide

- Authored by Jane Haddad
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