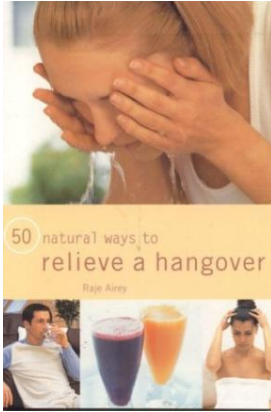


Find eBook

50 NATURAL WAYS TO RELIEVE A HANGOVER



Anness Publishing, United Kingdom, 2004. Paperback. Book Condition: New. illustrated edition. 196 x 154 mm. Language: English . Brand New Book. This informative guide provides 50 practical ways to deal with the classic symptoms of a hangover, including nausea, headache, dehydration and exhaustion. The recommended treatments are completely natural and include complementary therapies such as aromatherapy, reflexology and shiatsu, relaxation techniques, gentle exercises and herbal remedies such as nux vom, ginseng and Echinacea. There are also suggestions for dietary remedies...

Read PDF 50 Natural Ways to Relieve a Hangover

- Authored by Raje Airey
- Released at 2004



Filesize: 3.26 MB

Reviews

Here is the finest ebook i have got read until now. It really is simplistic but excitement within the 50 percent in the book. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Lupe Connelly**

Absolutely essential read through ebook. Better then never, though i am quite late in start reading this one. I am very easily will get a delight of studying a published ebook.

-- **Jacklyn Hane**

Without doubt, this is the very best job by any article writer. It typically does not cost too much. You are going to like just how the blogger write this pdf.

-- **Jazmyn Beier II**
